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Beloved children of My Heart:

I give to you, in this weeks bulletin, the Ascended Masters' Words as spoken on Transmission class of December 20th. 1958. Truly do Our Hearts rejoice as you, each lovely one, move forward in God's Appointed Path now and always.

Love and Blessings

MAHA CHOHAN.

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the pores of your body into the atmosphere around you and becomes part of your beautiful aura and then with the strength of your breath you can project it safely further and further and further without strain. You inbreath it and absorb it and expand it and project it with the motive of blessing yourselves and others.

Young chelas cannot do this safely for long periods of time; here in the West particularly, but the importance is the rhythm that is within the use of your breath in the inbreathing, and absorbing, and expanding, and projecting. You feel it with Me closely .....the inbreathing, the absorbing, the expanding and the projecting; That is a most marvelous process as it is developed for stabilizing yourself. If you take time, a few minutes, several times a day just to go over that, you will find a release of the tensions that do mount when an individual has outer pressures upon them, as well as during the time just before going to sleep. There is a saying that you have in your outer world terminology 'take time to be holy' and yet that is so often forgotten by those who are so sincere that I say to you, My beloved and blessed ones, DO take this time to be holy in the use of that breath of life.

No one person's breath cannot be expected to reach Africa or New Zealand or Australia alone but that breath is amplified by Seraphic Beings and Cosmic Beings and carried over the waters as a blessing until it does cover the world round, just in the same mechanical manner as a voice spoken into a microphone encircles the Earth and gives blessing thereto.

And now to the beloved original Hierarch of the Rocky Mountain Retreat, Lord Lanto, We give Our place:"

BELOVED LANTO, speaks:

"Beloved of My Heart, again I return to the Sacred Teton wherein so long I have taught the Law of Reverence for Life. There is a great deal to be said about reverence for life and a great deal to be thought about, for life, remember, comes of God and life in no matter what form it functions, temporarily, is foreordained to return to God's Estate. Therefore, We at the Teton teach and have done so for ages a reverence for life. When that reverence becomes great enough the science of precipitation is easy because your reverence is impersonal and you love all of life in an impersonal and harmonious manner equally. Therefore there are no cores of selfishness to stop the release of the good of your Causal Body for the blessing and benediction of imprisoned life everywhere.

It is easy to reverence one individual or a few with whom you have had association in the course of an embodiment but that great impersonal reverence for all the life that is - THAT comes, beloved ones, as you take advantage of Our teaching and Our radiation. In China ages ago, the True Law was taught with regard to reverence for life, not only of man but even of plant life and none that followed the true Law even broke off a flower from its stem. We ALL at that time of China's great beauty and perfection knew that the life that came of God, from God, even through that flower had a Divine Destiny to fulfill in its giving beauty to the passerby, perfume the air and that in its season its own Divine Archetype would withdraw it and so We moved in that magnificent reverence for life, for each other, and for those who came to 'convert' Us to various religious beliefs, wherein that reverence was not felt or known.

Now again you are coming to an understanding that reverence for life is impersonal and covers the entire human race and all that lives. In learning of that reverence for life, you shall then be the precipitating powers of good. What a small rose can do, surely a human being can! The rose follows the pattern of the Divine Archetype and it blooms in its season; mankind must come to a point where he or she can reverence the life that is within himself and then in time expand it, in love, until he. too, or she, becomes the Christ manifest wherever he or she may be. This is the greatest teaching that there is in this whole world, the greatest understanding, the

greatest spiritual law that there is in this universe. Learn to reverence life and when you do that you will not hurry; you will not be bitter or distressed, you will come into the graceful way of living which is that of the Ascended Master Saint Germain, and that is My Christmas Message to those of you who have come to the Teton to join with the great Archangels, the Seraphim, Cherubim, the great Angelic Host, the Solar Logoi, Who have placed in Lord Zadkiel's hands your scrolls; or who have come as on-lookers. Many blessed and beloved ones who having written in enthusiasm in years that have gone by; petitions to the Karmic Board and this present year have not done so, that is all right, you are still in association with your own particular Sponsor and Master and We are happy to have you as Our guests, as happy as We are to have the great Karmic Board over the Teton preparatory to the time when They shall have to listen to the actual petitions on behalf of the year that is just to come.

My Beloved and blessed Successor, Confucious, speaks.

BELOVED CONFUCIUS, speaks:

Again I say, I am new at this task of holding the great Power of Precipitation at the Retreat of the beloved Lanto and My service, very humble indeed, is to sustain the Brothers and Sisters at the Teton Retreat and to keep the Precipitation Flame blazing and to do everything I can as a humble Servant of beloved Lord Lanto and of that magnificent Precipitation Flame.

As One of the Brothers of the Teton, I welcome you, as visitor or participant, whatsoever the case may be, and to your Friend and Sponsor.....EL Morya! I give the rostrum."

BELOVED EL MORYA, speaks:

"JOY TO THE WORLD, they say THE LORD HAS COME! And I say BY THE POWER OF ALL THAT IS, THE LORD WHICH IS GOD'S LOVE HAS COME THROUGH THE HEARTS AND MINDS AND BEINGS OF THE FAITHFUL AND SHALL COME TO THE HEARTS AND MINDS AND BEINGS OF ALL LIFE IMPRISONED EVERYWHERE!

I have loved this Planet long. I have served It well, as have you!

As I have been at the Beautiful Teton since the fifteenth of December 1958 and have seen those beautiful Beings again and again coming with Their Own particular petitions, not distressed because They have not been fulfilled in one year and as I have seen you among Them mingling with the other Ascended Masters, how grateful "I AM" for your constancy of Spirit, of nature, and of being. IN THE NAME OF ALMIGHTY GOD, I bless you for that protection which has kept you in a state of listening grace and helped you to cognize the reality of My feelings, that feeling which is POWERFUL and yet which is loving.

Your Cherubim live and grow strong, return Home this day in a chariot of living fire and shall return to you again New Year's Eve. YOU ARE THE 'SALT OF THE EARTH'. Without the salt the Earth and Its peoples would not endure.

It is a Christmas Message that We are supposed to bring unto you but always I like to give cognizance to constancy of purpose and design, until you know without a question of a doubt in your thoughts and in your feelings that "I AM" EL MORYA OF DARJEELING - The One responsible for the inception of THE BRIDGE from Divinity's Realm to the human and the One who has loved you enough to sustain the Activity and to send it forth even into another cycle and into another generation by My very Life!

We are busy, beloved ones, in the Spiritual Hierarchy. There were only two Saint Germains during the age of the Wonder Man of Europe but I have suddenly become very popular and have been vicariously duplicated in numerous guises - like a figure in the Hall of Mirrors at Versailles - only some of these reflections are a little 'odd' and peculiar to Myself and to the Other Members of the Hierarchy - BY GOD!

We live to set life free and to raise all that is out of distress of every

kind and every description. I never thought there should come a day when there would be such a demand upon and use of My Name and 'PURPORTED STATEMENTS'. People have usually shied from Me, being rather of a rigorous nature. So.....right now, We are in, shall We say, the majority before the minds of mankind but We do not say, 'VONDIR' - We say 'EXCELSIOR' - ONWARD, FORWARD, those of you who are interested in holding that Bridge from Divinity's Realm to the human - We say 'COME' - not 'Go'. In its very essence it makes sense; shall We drive from Us those very ones in whom We have invested so much of Our Life! I THINK NOT!

Beloved Lord Lanto and beloved Confucius speak of the reverence for life. Beloved Gautama is the God of Love and I always seem to be the single and Fiery Speaker and yet I can speak, too, of Love. I can speak of a star in the heavens for which We had searched, all of Us, Mystic Astronomers, before the birth of Jesus. I can speak of those few who finally saw the ascendancy of the Star and of a long journey - a physical one too; We didn't have the gift of projected consciousness and the meeting of Myself, beloved Kuthumi, and the Other Wise Man, and I can speak, very humbly, of a Baby to Whom We brought gold, frankincense and myrrh - the great Jesus. I can speak of the Light around the Madonna's head and the solicitude of your beloved Saint Germain, (then Saint Joseph) and the helplessness of an Infant. Ah, yes, 'twas worth the years of scanning the heavens and the long journey, too, to stand for the moment in the visible Presence of the First Holy Family. Now it is Our design and desire to make on this Earth of every family a holy and sacred one .....One in which all of you have an opportunity to participate.

As for these Blessed Ones and the petitions before the Karmic Board, I WANT A PETITION, even a line, from you. I promised the great Gautama to be more gentle in 1959, so I have only a short time - ONLY A SHORT TIME TO SPUR YOU ON before you find the meek Morya. In this short time, I want to give you every bit of the courage of My Life in the magnificence of these Ascended Master Retreats, THE POWER THAT IS WITHIN THEM; the necessity of constancy of visitation to Them and thought upon Them.

You can breathe your gentle breaths, as Our beloved Kuthumi has suggested, ALL THROUGH THE AGES, HE AND I - good balance, yes - but besides those gentle breaths I want the V-I-T-A-L F-I-R-E of enthusiasm that does not slacken by reason of years, or lack of numbers. That Fire of Enthusiasm is God's Almighty Life, it's My very Being. It helped Me to not only remain with this Spiritual Hierarchy but to create the little Planet Excelsior and Its nice shiny people and that, THAT IS THE POWER which is My Life and even the Lord of the World knows that that very power of My Life belongs to you and shall enfold you, and sustain you, and pour through you, CONSTANTLY, until you are Ascended and Free. Yes, beloved, until you are Ascended and Free through constancy of purpose and design.

The magnificent harvest in which all your good energies are combined at Shamballa is drawn to the Teton this evening and as you do your breathing in your own respective orbits shall be inverted and all of its blessings will descend and be like a great harvest of many colored flowers, representing all of your love and service this year, to Us all and life in general.

I thank you for your gift of life, given so freely to Me, and so I say to you ONWARD, UPWARD AND FORWARD - IN THE LIGHT - for the sake of that lovely Saint Germain and Portia, not for My Own. Thank you for just even a few moments of your attention.

Thank you for your loving cooperative and kindly assistance in helping us to continue to disseminate The Ascended Masters Words to you.

Kindly address all communications to THE BULLETIN, P.O.Box 5, Flourtown, Penna. U.S.A.